

## A selection of titles by bestselling author Peter Adriaenssens

Peter Adriaenssens is a child and juvenile psychiatrist. In 1987 the University Hospital of the Catholic University at Louvain took him on to start up the Child Abuse Trust Centre. He has been the centre's director since 1995. Between 1993 and 2000 he was also Head of the Department of Child and Juvenile Psychiatry at the University Hospital Gasthuisberg, Louvain, where he is now Head of the Ambulant Clinic. Since 1994 he has been professor of Child Psychiatry attached to the Medical Faculty of the Catholic University at Louvain. He publishes regularly and leads workshops and training sessions on social child psychiatry and child abuse.

### Upbringing is a Process of Growth

Peter Adriaenssens

- **Manual for fathers and mothers**
- **The basic book about upbringing for parents and teachers in the Low Countries**

'Bringing up children', writes Peter Adriaenssens, 'should always go hand in hand with clear parent leadership and take place in a positive family atmosphere, where attention primarily goes to the children's skills rather than to their shortcomings.'

The book constitutes the first part of a diptych which is completed by *You can carry on from here*.

155 x 240 mm | 272 pages  
paperback | ca 87.000 woorden  
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### You Can Carry on from Here

Peter Adriaenssens

- **A practical instrument**
- **The book offers ideas, concepts, and examples that parents and teenagers can put to use**

In the light of increasing juvenile delinquency and other problems of upbringing, the failure of upbringing is often proclaimed. Society supposedly offers young people so many options that they are able to simply laze about without in any way being challenged to accept responsibility. Moreover, it is said that the loss of values in families and too much democracy of thought and action leaves young people with nothing to hold on to...

The author argues in favour of parents who are not afraid to make choices and clarify them. Without being inflexible, however, and in an on-going dialogue with their teenagers.

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## Taken into Trust

Peter Adriaenssens, Liesbet Smeyers, Carla Ivens and Bart Vanbeckevoort

Many postulations are pronounced on child abuse, some correct, others wrong. The danger of such confusing messages lies in the fact that people who are in contact with children are afraid to trust their own feelings. But one doesn't have to be an expert to see the signals of child abuse. Moreover, it is a civic duty to lend a helping hand to the victims!

A short theoretical approach is followed by a series of cases. Every chapter ends with a plan how to act in different situations, making clear to any parent, friend, teacher, doctor, social worker and student, what they can do.

The authors, all members of the Child Abuse Confidentiality Centre Team at the Academic Hospital of the Catholic University at Louvain, have for many years now set up an intensive clinical experience.

155 x 240 mm | 368 pages  
paperback | ca 100.000 woorden  
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## 10 Ways to Seduce your Parents

Peter Adriaenssens

- **Negotiating successfully with your parents**

This book teaches teenagers the secrets of successful communication. What expression is the right one? Do you use the right word at the right moment? Learn to be silent when there is a crisis, make sure they are in a good mood and listen to your parents' arguments. Put your cards on the table only afterwards.

This book offers 10 strategies. Experiment with different combinations, choose the strategy which is best for you (after all you know your parents best). In that way you will surely become the communication strategist at home. I bet your parents will finally be glad with this too. If you bring them up correctly, the domestic atmosphere will only improve! So, there is still hope for your parents!

120 x 215 mm | 96 pages  
paperback with flaps | ca 20.000 woorden  
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